



NEWS RELEASE

MAYOR COLEEN J. SENG



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FOR IMMEDIATE RELEASE:
FOR MORE INFORMATION:

July 15, 2004
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YOU CAN DO IT!

Return to Work or School and Breastfeed Your Baby

Expectant and new mothers are invited to a breakfast to learn how they can return to work or school and continue to breastfeed their babies. An informational meeting will be held on Saturday, August 7th, from 9:00 to 10:30 a.m. at the St. Elizabeth Regional Medical Center's Education Building, 6850 L St., room AB.

A lactation consultant and a panel of breastfeeding moms who work outside the home will share tips, including information on breast pumps and where to get help. Door prizes will include a Medela Pump In Style, an Over-the Shoulder baby sling and breastfeeding supplies.

Please RSVP by calling St. Elizabeth Regional Medical Center at (402) 219-7000, the Telephone Line to Care number.

There is no fee to attend, although pre-registration is necessary. This informational meeting is co-sponsored by Saint Elizabeth Regional Medical Center and Breastfeeding: Healthy Kids 2010, a community work group committed to helping Lincoln mothers breastfeed their babies.